"Roeddwn i'n arfer credu bod gweithio ar raddfa fawr y tu hwnt i'm gallu yn gyfan gabl. Nawr rwy'n credu bod gen i'r adnoddau a'r gallu i ddeall sut i ddechrau arni. Rwy'n credu y galla' i wneud gwahaniaeth."

NEWYDD

Yr Academi Lledaeniad a Graddfa

The Spread and Scale Academy

Yn rhoi'r adnoddau sydd eu hangen arnoch i wella ac arloesi yn eich sefydliad, yn eich rhanbarth neu yng Nghymru

Dydd Llun 30ain o Fedi tan dydd Iau 3ydd o Hydref 2019
Hwb Gwyddorau Bywyd Cymru, Bae Caerdydd

GIG CYMRU NHS WALES | Bwrdd Iechyd Prifysgol Caerdydd a'r Fro | Cardiff and Vale University Health Board

Hwb Gwyddorau Bywyd Cymru | Life Sciences Hub Wales

Comisiwn Bevan Commission

Beth yw ystyr lledaeniad a graddfa?

Mae gweithlu'r GIG yng Nghymru yn frwdfrydig, yn llawn cymhelliant ac yn datblygu mwy o brosiectau arloesi a gwella nag erioed o'r blaen. Ond unwaith y bydd eich tîm wedi profi bod eich prosiect yn llwyddiannus yn eich ardal leol, beth yw'r cam nesaf?

Mae lledaeniad a graddfa'n golygu ehangu cyrhaeddiad y prosiect rydych wedi'i ddatblygu a rhoi'r adnoddau sydd eu hangen arnoch i arwain y broses o gael mwy a mwy i ddefnyddio eich prosiect ar draws eich sefydliad, eich rhanbarth yng Nghymru.

Er mwyn cefnogi eich tîm i gymryd y cam nesaf, mae Bwrdd Iechyd Prifysgol Caerdydd a'r Fro, Hwb Gwyddorau Bywyd Cymru a Chomisiwn Bevan yn lansio'r Academi Lledaeniad a Graddfa. Caiff ein rhaglen ddwys o hyfforddiant ei darparu mewn partneriaeth â Billions Institute a South West Academic Health Science Network. Wrth wneud hyn, rydyn ni'n cyflawni un o werthoedd allweddol 'Cymru Iachach': ysgogi trawsnewid drwy arweinyddiaeth gadarn, arfer da a modelau newydd yn genedlaethol.

"Un o'r cyrsiau gorau i mi fynd arno erioed. Rwyf wedi gwneud llawer ar newid ar raddfa fawr, ond dyma'r dull symlaf a mwyaf trawsnewidiol o'r cyfan."

Sut bydd yr academi yn gweithio?

Rydyn ni'n gofyn i dimau o gynrychiolwyr ymuno â'r academi hon gyda meddwl agored, brwdfrydedd ac egni. Bydd hyfforddwyr rhyngwladol o'r Billions Institute yn cyflwyno'r rhaglen, ac mae'n ymwneud â datblygu eich sgiliau personol a'ch potensial o ran gyrfa cymaint ag y mae'n ymwneud â datblygu eich prosiect.

Mae'r Billions Institute yn arloesi yn y Model o Gyflawni, sy'n annog arloeswyr i 'Durio'n Ddwfn' i ganfod beth sy'n eu hysgogi i newid a 'Meddwl yn Uchelgeisiol' am ble yr hoffent weld eu prosiect. Byddwch yn cael y gefnogaeth sydd ei hangen arnoch i gyflawni eich potensial ac arwain y gad i sicrhau newid ar raddfa fawr yn eich maes.

"Bydd ein hacademi ddysgu ddwys yn helpu arloeswyr a gwellhawyr gofal iechyd brwdfrydig o bob cwr o Gymru i gael yr adnoddau sydd eu hangen arnyn nhw i ehangu cwmpas y rhaglen waith y maen nhw wedi'i sefydlu a'i huwchraddio i'r lefel nesaf. Mae'n ymwneud ag ehangu a gwella'r partneriaethau ar draws y system iechyd a sicrhau bod gofal iechyd yng Nghymru yn effeithiol, yn effeithlon ac yn deg i bawb."

Len Richards, Prif Weithredwr, Bwrdd Iechyd Prifysgol Caerdydd a'r Fro

Yr Academi Lledaeniad a Graddfa
Dydd Llun 30ain o Fedi tan dydd Iau 3ydd o Hydref 2019

ARCHEBWCH NAWR

I gael rhagor o wybodaeth ac i wneud cais ewch i:
shapingourfuturewellbeing.com/spread-scale
Dyddiad cau ar gyfer ceisiadau: **Dydd Sul 21ain o Orffennaf 2019**
Cyswllt: **spreadandscale@wales.nhs.uk**

Sut mae dod yn gynrychiolydd yn yr academi

Ydych chi'n gymwys?

Mae gwneud cais i ymuno â'r Academi Lledaeniad a Graddfa yn broses gystadleuol. Dim ond 50 lle sydd yn yr Academi, ac mae galw mawr amdanyn nhw. Bydd gan y timau delfrydol raglen waith neu brosiect aeddfed, a byddan nhw'n llawn cymhelliant i gyflawni eu prosiect ar raddfa. Caiff timau o rhwng dau a phum aelod ymgeisio.

Gwneud cais

Rydyn ni wedi gwneud y broses o wneud cais yn un rhwydd; ewch i **shapingourfuturewellbeing.com/spread-scale** a dilyn y camau. Os oes gennych unrhyw gwestiynau, neu os oes angen cymorth arnoch i gyflwyno eich cais, anfonwch e-bost at: **spreadandscale@wales.nhs.uk**

Y broses ddethol

Caiff timau o unrhyw ymddiriedolaeth neu fwrdd iechyd yng Nghymru sydd wedi llwyddo i roi prosiect gwella ar raddfa fach ar waith, ac sydd â'r potensial i arwain at newid ar raddfa fawr, wneud cais i'r Academi Lledaeniad a Graddfa. Bydd cynrychiolwyr yn cael eu dewis gan banel o arbenigwyr, a bydd eu dewis yn seiliedig ar botensial y prosiect i ledaenu a datblygu, gan sicrhau bod gennym ni gynrychiolaeth dda o bob disgyblaeth.

Y camau nesaf

Os byddwch chi'n cael eich dewis i fod yn gynrychiolydd, byddwch yn cael sesiwn gynefino fyr ar-lein, cyn cymryd rhan yn y digwyddiad pedwar diwrnod pwysig yng Nghaerdydd, a fydd yn cael ei ddarparu gyda chymorth sefydliadau partner lleol. Bydd arweiniad rheolaidd yn cael ei gynnig am flwyddyn er mwyn i chi allu cyflawni eich prosiect mewn ffordd effeithiol a chynaliadwy.

"Mae Comisiwn Bevan yn falch o weithio gyda Bwrdd Iechyd Prifysgol Caerdydd a'r Fro a Hwb Gwyddorau Bywyd Cymru ar y rhaglen newydd, arloesol hon. Rydyn ni am sicrhau bod arloeswyr gofal iechyd yn datblygu eu sgiliau ac yn cymryd y cam nesaf i wella iechyd a lles trigolion Cymru."

Yr Athro, Syr Mansel Aylward CB
Cadeirydd, Comisiwn Bevan

"Mae hwn yn gyfle anhygoel i adeiladu ar y gwaith ysbrydoledig sydd eisoes yn digwydd ledled Cymru, gyda'r nod o annog arferion da ac arloesi i ledaenu mor eang a chyflym â phosib. Bydd yn bedwar diwrnod llawn, a fydd yn ffordd o sicrhau bod modd i rywbeth sy'n gwneud gwahaniaeth mewn un lle gael ei ddatblygu ar raddfa a bod o fudd i gleifion a dinasyddion ledled Cymru."

Cari-Anne Quinn, Prif Weithredwr,
Hwb Gwyddorau Bywyd Cymru

Yr Academi Lledaeniad a Graddfa
The Spread and Scale Academy

Caiff yr Academi Lledaeniad a Graddfa ei threfnu gan Fwrdd Iechyd Prifysgol Caerdydd a'r Fro, Hwb Gwyddorau Bywyd Cymru a Comisiwn Bevan, a chaif ei chyflwyno mewn partneriaeth â:

billions institute

South West Academic Health Science Network

"I used to believe large scale was completely out of my scope of reality. I now believe I have the tools and ability to understand how to make a start. I believe I can make a difference."

NEW

Yr Academi Lledaeniad a Graddfa

The Spread and Scale Academy

Giving you the tools you need to scale up improvement and innovation across your organisation, region or Wales

Monday, 30th September to Thursday, 3rd October 2019
Life Sciences Hub Wales, Cardiff Bay

GIG CYMRU NHS WALES | Bwrdd Iechyd Prifysgol Caerdydd a'r Fro | Cardiff and Vale University Health Board

Hwb Gwyddorau Bywyd | Cymru
Life Sciences Hub | Wales

Comisiwn Bevan Commission

What does spread and scale mean?

The NHS workforce in Wales is passionate, motivated and developing more innovation and improvement projects than ever. But once your team has proved that your project is successful in your locality, where do you take it next?

Spread and scale is about widening the reach of your developed project and giving you the tools you need to lead adoption at scale across your organisation, region or Wales.

To support your team in taking that next step, Cardiff and Vale University Health Board, Life Sciences Hub Wales and the Bevan Commission are launching The Spread and Scale Academy. Our intensive programme of training is delivered in partnership with the Billions Institute and South West Academic Health Science Network. In doing so, we're delivering a key value of 'A Healthier Wales': driving transformative change with strong leadership, good practice and new models on a national level.

"One of the best courses I've been on. I've done lots on large scale change but this is the simplest most transformational approach I've seen."

How will the academy work?

We're asking teams of delegates to bring an open mind, enthusiasm and energy to this immersive academy. Delivered by international trainers from the Billions Institute, the programme is just as much about developing your personal skills and career potential as it is about developing your project.

The Billions Institute is the pioneer of the Model for Unleashing, which encourages innovators to 'Dig Deep' into their motivation for change and 'Dream Big' about where they'd like to take their project. You'll gain the support you need to unleash your potential and lead the charge for large scale change in your area.

"Our intensive learning academy will arm passionate healthcare improvers and innovators from across Wales with the tools they need to spread the scope of their established programme of work and scale it up to the next level. It's all about broadening and deepening partnerships across the health system, and ensuring health care in Wales is effective, efficient and equitable for all."

Len Richards, CEO, Cardiff and Vale University Health Board

The Spread and Scale Academy
Monday, 30th September to Thursday, 3rd October 2019

BOOK NOW

More info and apply: **shapingourfuturewellbeing.com/spread-scale**
Application deadline: **Sunday, 21st July 2019**
Contact: **spreadandscale@wales.nhs.uk**

How to become an academy delegate

Check you are eligible

Applying for the The Spread and Scale Academy is a competitive process with 50 highly sought-after places available. The ideal teams will have a mature project or programme of work, and will be motivated to unleash their project at scale. Applications are open to teams of two to five members.

Apply

We've made the application process easy; simply head to **shapingourfuturewellbeing.com/spread-scale** and follow the steps. If you have any questions or you need further support to submit your application, email **spreadandscale@wales.nhs.uk**

The selection process

The Spread and Scale Academy is open to applications from teams within any Welsh health board or trust who have a successful small scale improvement project that has the potential to lead to large scale change. Delegates will be chosen via a panel of experts, and will be based on the potential of the project to spread and scale whilst ensuring that we have good representation across disciplines.

Next steps

If selected as a delegate you'll have a short online induction, then you'll take part in the flagship four day event in Cardiff, delivered with support from local partner organisations. Regular guidance is offered for a year to enable you to effectively and sustainably unleash your project.

"The Bevan Commission is pleased to be working with Cardiff & Vale University Health Board and Life Sciences Hub Wales on this ground-breaking new programme. We want to ensure that healthcare innovators develop their skills and take the next step to improve further the health and wellbeing of people in Wales."

Prof Sir Mansel Aylward CB
Chair, The Bevan Commission

"This is an amazing opportunity to build on the inspiring work already taking place across Wales, with the aim of encouraging good practice and innovation to spread as widely and as quickly as possible. It will be a packed four days which will provide an approach to ensure that what's making a difference in one place can be scaled up and benefit patients and citizens across Wales."

Cari-Anne Quinn, CEO,
Life Sciences Hub Wales

Yr Academi Lledaeniad a Graddfa
The Spread and Scale Academy

The Spread and Scale Academy is organised by Cardiff and Vale University Health Board, Life Sciences Hub Wales and the Bevan Commission, and delivered in partnership with:

billions institute

South West Academic Health Science Network